

# MHG NEWS

24 January



MIINA HÄRMA GÜMNAASIUM  
NEWSLETTER

NR.18  
SCHOOL YEAR 2022/2023



## WEEKLY HIGHLIGHTS

- On 19 January, the third meeting of the "Edu ja Õnnelikkus" project took place in Tartu Tamme School. Andres Dvinjaninov spoke to 8th-grade students from three schools about overcoming performance anxiety and successfully preparing for a performance. The second speaker was Claren Klarika Kuuse, who talked about happiness. How to recognise happiness? Once happiness is found, do we automatically make the right choices? On what basis do we make the right choice in the first place? How do I create my life exactly the way I want it?

## BIRTHDAYS

**26.01 Madis Kahro**

**27.01 Maret Vaab**

**29.01 Tõnis Asson**





## WEEKLY HIGHLIGHTS

- Artur Lember (11b) was one of the eight young people to receive a High Flight scholarship from the City of Tartu and Tartu Cultural Endowment this year.
- Joosep Kübar and Lauri Sarap speak on the Roosa Radio programme "100 days in IB DP". Listen to the programme [HERE](#).



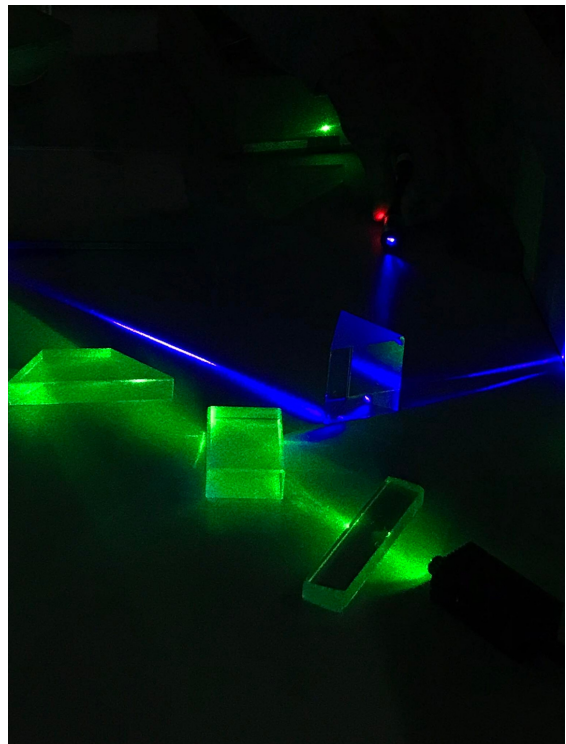
- In the Vikerraadio programme "Eesti lugu", Ilmar Tammisto, our History teacher and UT History PhD student, introduces Estonian history during the Swedish period. Listen to the programme [HERE](#).

- Over the weekend, Laura Liisa Vider (7b) won 3rd place in the Estonian U16 indoor triple jump (personal best 10,74).
- Last weekend, the Estonian tennis tournament for children up to 10 years old was held at the Tallink Tennis Centre. Joanna Toomiste (3b, MK Tennis Club) won the girls' competition.
- Tennis player Oliver Ojakäär (11b) competes in the Australian Junior Open.



## WEEKLY HIGHLIGHTS

- Joosep Toom (12DP) was one of the 12 best contestants on the TV show Rakett69.
- On 20 January, the first Globe lesson took place in class 205, where students from grades 7 to 10 could learn about light and experience the beauty of light through hands-on experiments. Globe is a NASA programme that aims to teach people about nature and the environment hands-on while researching to test whether their satellites work. Interested students can join future Globe classes by contacting Taavi Tammela (11c) via messenger.





## **IB EVALUATION VISIT ON 1–3 VEEBRUAR 2023**

Dear school family!

Miina Härma Gümnaasium has been offering IB programmes for more than ten years: we started with the Diploma Programme in 2011, followed by the accreditation of the Primary Years Programme in 2014 and the Middle Years Programme in 2019. MHG has therefore been a full-cycle IB World School for four years now.

Traditionally, IB schools have an evaluation visit every five years to acknowledge the school's progress and to celebrate the IB programmes in the school. Next week (1-3 February), our school is due for another visit, covering all IB programmes.

This time, IBO representatives will visit our school virtually using Zoom's online meetings. During the three days, they will talk to the management, teachers, students and parents and visit classes (again virtually).

The IB evaluation visit ends with a summary by the IBO team of what they experienced and saw during the three days at school. We invite everyone to join the information session on Friday, 3 February, from 13.45-14.30.

**YOU CAN JOIN THE INFO SESSION VIA THE ZOOM ENVIRONMENT [HERE](#):**

Meeting ID: 819 3435 1375

Passcode: 892254

In addition, the IBO evaluation visit team would like to extend a warm welcome to the whole school family. **Watch the video [HERE](#).**

With best wishes

MHG IB Coordinators



## **ANNOUNCEMENTS**

- 24 January - Song Festival workshop for children's choirs.
- 25 January at 17.00 - Deadline for 1st-semester grades in basic school; Helena-Anetta Liivaru, MHG alumna, visiting the "People and Justice" lesson; the regional round of the English Olympiad for secondary school; children's and youth choir recital for the Song Festival.
- 26 January - Brassical concert for grades 1-4 in the Aula; patent lawyer Riina Pärn visiting grade 12 course "People and Justice"; students of the Entrepreneurship Ecosystem course at a study day "Mathematics in Banking"; national Russian translation competition for secondary school; a regional round of the Chemistry Olympiad.
- 27 January - e-Learning Day; Teacher Collaboration Day; Teacher Council meeting No 1; Marika Peekmann, Chief Expert on International Education and Foreign Languages at the Ministry of Education and Science visiting MHG; national quiz in English for grades 5; at 10.00-14.30 young ladies' choir recital at Reiniku School; at 15.15-16.00 Härmatis 8-9 at the inspection for the Dance Festival.
- 30 January - from 17.00 to 20.30, 5a class evening.
- 31 January - Härmatis groups at the 1st inspection of the Dance Festival, a lecture by Kunnar Karu, an alumnus, for 6th-8th grades; a regional round of the Estonian Mother Tongue Olympiad.
- **1-3 February - IB evaluation visit.**
- 1 February - Preliminary round of the Tartu City "Tähelepanu, start!" competition for 2nd-5th grades; a preliminary round of the Religious Studies Olympiad.
- 2 February - Celebration of the Tartu Rahu anniversary; prosecutor Jane Pajus visiting the 12th-grade course "People and Justice".
- 3 February - senior classes visit Riigikogu and other state institutions in Tallinn.
- 6 February - 7-8e, skiing in Kuutsemäe.
- 7 February - 12th grades UPT defences; 3-4e in AHHA on the "Electricity" learning programme.
- 8 February - Open door evening for parents of 1st-grade students.
- 9 February - 159th birth anniversary of Miina Härma; Härma Trivia vol 3; 12th-grade course "People and Justice" visited by alumni, advocate Peeter Viirsalu; 2a on a field trip to the City Museum.



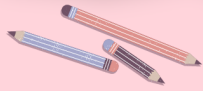
AVATUD USTE PÄEV 1. KLASSI ASTUJATE VANEMATELE  
8. VEEBRUARIL KELL 18.00  
MIINA HÄRMA GÜMNAASIUMI AULAS



Õppepäevale saab registreeruda  
elektrooniliselt sisseastumine.ee keskkonnas  
alates 23. jaanuarist kuni 14. veebruarini 2023.

Õppepäevad 1. klassi kandideerijatele toimuvad  
18. ja 19. veebruaril 2023.

Estonian  
classes  
only!



GRADES 10 RECEIVE MHG RINGS

- Formal ring ceremony held on 8 February
- during 3rd lesson in Aula
- grades 9 and 10 participate
- formal clothing and school hats





**VOL 3**

DEDICATED TO  
MIINA HÄRMA'S  
159  
ANNIVERSARY



# ***Härma***

## *trivia*

MHG AULA



TAKES PLACE IN ESTONIAN

TEAMS WITH UP TO 4 MEMBERS  
8 TOPICS

**9 FEBRUARY**

AT 16.00

YOU ARE WELCOME TO  
PARTICIPATE



## MHG SCHOOL BALL DANCE FOR GRADES 9-12

- On 8 February
- Doors open at 19.00
- More information on Facebook







# EV105

## FORMAL CEREMONIES IN AULA

grades 3–5

3rd lesson

grades 6–9

4th lesson

grades 10–12

5th lesson

grades 1-2

7th lesson

**NB!** The school day finishes after the formal ceremony.

**NB!** WEAR FORMAL CLOTHES IN BLUE-BLACK-WHITE AND THE SCHOOL HAT





## **SCHOOLS IN MOTION**

### Quick breaks during lessons

#### Do the opposite!

- Everyone stands up.
- The leader is at the front of the class and makes a simple movement. The students do the opposite. E.g. if the leader raises his left arm, the pupils raise their right arm; if the leader bends forward, the pupils bend backwards; if the leader makes a circle over his left shoulder, the pupils make a circle over his right shoulder, etc.

### 2. Game 1, 2, 3

- The numbers 1, 2, 3 are counted together.
- Then 1 is replaced by a jump and is no longer said aloud.
- Then 2 is replaced by "ahoy!".
- Then 3 is replaced by a jump and a simultaneous shout of "Sunday".
- Do it a few times.
- Activities and shouts can be changed. It is a very useful exercise to "set the brain thinking", as both hemispheres of the brain need to be engaged.

### 3. Rock-paper-scissors

- Pupils pair up and play a game of rock-paper-scissors while jumping.
- Pupils read "rock-paper-scissors-one-two-three" and, at the word "three", jump into the correct position according to their chosen object. Jumping "STONE" is with feet together, "PAPER" is with feet on wide and "SCISSORS" is with feet crossed.
- The stone wins the scissors and loses to the paper. Paper beats stone and loses to scissors. The scissors beat the paper, lose to the stone.

### 4. Sleeping stork

- Everyone stands on their left foot and keeps their balance.
- Step up on the toes of the left foot.
- If possible, close your eyes and hold the position.
- Do the same with the right foot.



## **SCHOOLS IN MOTION**

### 5. Shaking the body parts

- Students stand up and start shaking body parts one by one (right arm, left arm, right leg, left leg, hips).
- Then backwards (hips, left leg, ...).

### 6. Clapping game

- Pupils pair up, and the game leader randomly says numbers 1 to 3.

No 1 - clap your partner with a left hand.

No 2 - clap to your partner with your right hand.

No 3 - clap your partner with both hands.

### 7. Ones and tens

- It is agreed that the students will jump forward as many times as there are tens and backward as many times as there are ones.
- The teacher starts to say the different two-digit numbers, and the students jump. For example: "Jump as many times as there are tens in 46."
- The jumps are counted out loud.